

Spravato (Esketamine)

The purpose of this form is to obtain the medical information required to assess your request for a drug on the Prior Authorization list under your drug plan benefit coverage. To avoid delays in processing your request, please ensure that all information, including contact information is complete. Completion of this form is not a guarantee of approval. If you have already purchased the drug, please attach all original receipts along with an Extended Health Care Claim form. All costs incurred to complete this form are the plan member's responsibility. If you are registered for the Plan Member Secure Site and have provided an email address, you will receive an email notification when the prior authorization decision is available on your claims statement. If you are not registered on the Plan Member Secure Site, you will be notified of the prior authorization decision by mail.

Important: Please ensure the most current unaltered version of the form is completed and signed. To download the most recent version of the Drug Prior Authorization form go to www.manulife.ca.

1 – Plan member and patient information						To be completed by plan member	
Plan contract number			Plan member certificate number		Plan sponsor		
Plan member name (first)		Plan member name (middle initial)		Plan member name (last)		Plan member Date of birth (dd/mm/yyyy)	
Plan member address (number, street)			Address (suite)		City or town		Province
							Postal code
Patient name (first)		Patient name (middle initial)		Patient name (last)		Patient date of birth (dd/mm/yyyy)	
						Relationship to plan member	
Patient's preferred daytime phone number		Patient's email address (optional)					

1A – Other Group Plan	1B – Recent Coverage Change							
Does the patient have drug coverage under any other group plan? If Yes, please complete below: ☐ Yes ☐ No <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="2">Name of insurance company</td> </tr> <tr> <td>Plan contract number</td> <td>Plan member certificate number</td> </tr> <tr> <td></td> <td></td> </tr> </table> Is this drug covered under the other group plan? ☐ Yes ☐ No If no, why was the drug declined by the other group plan? Please attach the other group plan decline notice (typically a letter or statement). We need this decline notice to see if this drug can be approved. If this is a renewal a current decline notice is required.		Name of insurance company		Plan contract number	Plan member certificate number			Did your plan sponsor recently transfer your drug benefits to Manulife? ☐ Yes ☐ No Before joining Manulife, were you receiving coverage for this drug through your previous insurance company? ☐ Yes ☐ No If Yes, attach proof of payment (a copy of a pharmacy receipt showing payment from prior insurance company or an Explanation of Benefits from the prior insurance company). Proceed to section 7.
Name of insurance company								
Plan contract number	Plan member certificate number							

2 – Provincial Plans		To be completed by plan member
Most provinces offer some form of drug coverage to their residents. Your Manulife drug plan supplements the coverage provided by provincial plans. It is important that you or your doctor (if required) apply to the applicable provincial program to ensure there are no delays in your drug reimbursement. Check with your doctor or login to the Manulife Provincial Drug Plans Resource Centre on our Plan Member Secure Site at www.manulife.ca/planmember to confirm if the drug you have been prescribed may be eligible for coverage under a provincial plan. If the drug you have been prescribed is listed under a provincial program, you will need to apply to the program before consideration can be given under your Manulife drug plan.		
Has application been made to the provincial program for coverage? ☐ Yes ☐ No If no, why?		
Has the patient been approved for coverage by the provincial program for this drug? ☐ Yes ☐ No If no, advise why the request was declined?		

In Ontario, for patients that qualify for coverage under the Exceptional Access Program (EAP), if the drug is an EAP drug, a copy of the approval or denial from EAP must be submitted with this form so Manulife can complete the assessment of this request.

3 – Patient Assistance Programs				To be completed by plan member
Have you enrolled in the Patient Assistance Program for the requested drug? ☐ Yes ☐ No If yes, please provide the details below:				
Case Manager Name (first)	Case Manager name (last)	Case Manager Phone	Case Manager Email	
Patient Assistance Program Name			Patient Assistance Program ID Number:	

4 – Medical information				To be completed by prescribing physician	
Drug strength and dosage					
Where will treatment be administered?					
☐ Home		☐ MD office		☐ Private Clinic	
		☐ Hospital/In-Patient		☐ Hospital/Out-patient	
Is the MD office located in a hospital?					
				☐ Yes ☐ No	
Will the drug be administered in the MD office or in another area of the hospital? (describe below)					
If the treatment is not being administered at home, please provide:					
Name of private clinic/hospital				Telephone number	
Address (number, street)		Address (suite)	City or town		Province
					Postal code
Please select the diagnosis for which the drug has been prescribed and respond to the corresponding questions.					
☐ Major Depressive Disorder - Initial Criteria					
Will the medication be used in combination with an SSRI or SNRI?				☐ Yes ☐ No	
In the current moderate to severe depressive episode has the patient responded adequately to at least two separate courses of treatment with different antidepressants, each of adequate dose and duration?				☐ Yes ☐ No	
Is the drug being prescribed by a physician who is experienced and proficient in the management of major depressive disorder?				☐ Yes ☐ No	
Is the physician enrolled in the JANSSEN JOURNEY™ Program?				☐ Yes ☐ No	
Physician must be enrolled in the JANSSEN JOURNEY™ Program for this drug. To enroll, contact the JANSSEN JOURNEY™ Program at 1-833-257-7191 or online at www.JanssenJourneyHCP.ca .					
Is the patient enrolled in the JANSSEN JOURNEY™ Program?				☐ Yes ☐ No	
Patient must be enrolled in the JANSSEN JOURNEY™ Program for this drug. To enroll, contact the JANSSEN JOURNEY™ Program at 1-833-257-7191 or online at www.JanssenJourneyHCP.ca .					
Note* Initial approval is limited to 4 weeks, additional information will be required after this time in order to assess for further coverage. If approved after 4 weeks, additional information is required every 12 months in order to assess for further coverage.					
☐ Major Depressive Disorder - Renewal Criteria					
Is there documentation of positive clinical response to Spravato therapy using an objective measurement scale (e.g. current Montgomery-Asberg Depression Rating Scale (MADRS) score, PHQ-9 score, Hamilton Depression Rating Scale (HDRS))?				☐ Yes ☐ No	
Will the medication be used in combination with an SSRI or SNRI?				☐ Yes ☐ No	
Is the drug being prescribed by a physician who is experienced and proficient in the management of major depressive disorder?				☐ Yes ☐ No	
Is the physician enrolled in the JANSSEN JOURNEY™ Program?				☐ Yes ☐ No	
Physician must be enrolled in the JANSSEN JOURNEY™ Program for this drug. To enroll, contact the JANSSEN JOURNEY™ Program at 1-833-257-7191 or online at www.JanssenJourneyHCP.ca .					
Is the patient enrolled in the JANSSEN JOURNEY™ Program?				☐ Yes ☐ No	
Patient must be enrolled in the JANSSEN JOURNEY™ Program for this drug. To enroll, contact the JANSSEN JOURNEY™ Program at 1-833-257-7191 or online at www.JanssenJourneyHCP.ca .					

4 – Medical information (continued)		To be completed by prescribing physician	
☐ Short-term treatment for rapid reduction of depressive symptoms of moderate to severe episodes of major depressive disorder - Initial Criteria			
Will the medication be used in combination with another oral antidepressant therapy	☐ Yes	☐ No	
Does the patient require urgent psychiatric care?	☐ Yes	☐ No	
Is the drug being prescribed by a physician who is experienced and proficient in the management of major depressive disorder?	☐ Yes	☐ No	
Is the physician enrolled in the JANSSEN JOURNEY™ Program?	☐ Yes	☐ No	
Physician must be enrolled in the JANSSEN JOURNEY™ Program for this drug. To enroll, contact the JANSSEN JOURNEY™ Program at 1-833-257-7191 or online at www.JanssenJourneyHCP.ca .			
Is the patient enrolled in the JANSSEN JOURNEY™ Program?	☐ Yes	☐ No	
Patient must be enrolled in the JANSSEN JOURNEY™ Program for this drug. To enroll, contact the JANSSEN JOURNEY™ Program at 1-833-257-7191 or online at www.JanssenJourneyHCP.ca .			
Note* Initial approval is limited to 4 weeks, additional information will be required after this time in order to assess for further coverage. If approved after 4 weeks, additional information is required every 12 months in order to assess for further coverage.			
☐ Short-term treatment for rapid reduction of depressive symptoms of moderate to severe episodes of major depressive disorder - Renewal Criteria			
Is there documentation of positive clinical response to Spravato therapy using an objective measurement scale (e.g. current Montgomery-Asberg Depression Rating Scale (MADRS) score, PHQ-9 score, Hamilton Depression Rating Scale (HDRS))?	☐ Yes	☐ No	
Will the medication be used in combination with another oral antidepressant therapy?	☐ Yes	☐ No	
Is the drug being prescribed by a physician who is experienced and proficient in the management of major depressive disorder?	☐ Yes	☐ No	
Is the physician enrolled in the JANSSEN JOURNEY™ Program?	☐ Yes	☐ No	
Physician must be enrolled in the JANSSEN JOURNEY™ Program for this drug. To enroll, contact the JANSSEN JOURNEY™ Program at 1-833-257-7191 or online at www.JanssenJourneyHCP.ca .			
Is the patient enrolled in the JANSSEN JOURNEY™ Program?	☐ Yes	☐ No	
Patient must be enrolled in the JANSSEN JOURNEY™ Program for this drug. To enroll, contact the JANSSEN JOURNEY™ Program at 1-833-257-7191 or online at www.JanssenJourneyHCP.ca .			
☐ Any Other Diagnosis			
Please provide the specific diagnosis and any Canadian clinical research that supports the use of this drug in your patient's context.			

5 – Drug history			To be completed by prescribing physician
If no previous therapies have been tried for the selected diagnosis, please specify the rationale: ☐ Risk of drug interaction ☐ Patient has contraindication ☐ Other			
Please provide medical rationale			
For the selected diagnosis, please provide all previous and current drug therapies in the area below:			
Drug name	Start date (yyyy/mm)	End date (yyyy/mm)	Specify Outcome: ☐ Intolerance (Allergy/Adverse Event) ☐ Inadequate/Suboptimal Response
Will the patient be continuing this medication in addition to new therapy?			☐ Yes ☐ No
Drug name	Start date (yyyy/mm)	End date (yyyy/mm)	Specify Outcome: ☐ Intolerance (Allergy/Adverse Event) ☐ Inadequate/Suboptimal Response
Will the patient be continuing this medication in addition to new therapy?			☐ Yes ☐ No
Drug name	Start date (yyyy/mm)	End date (yyyy/mm)	Specify Outcome: ☐ Intolerance (Allergy/Adverse Event) ☐ Inadequate/Suboptimal Response
Will the patient be continuing this medication in addition to new therapy?			☐ Yes ☐ No
Drug name	Start date (yyyy/mm)	End date (yyyy/mm)	Specify Outcome: ☐ Intolerance (Allergy/Adverse Event) ☐ Inadequate/Suboptimal Response
Will the patient be continuing this medication in addition to new therapy?			☐ Yes ☐ No
6 – Physician information			To be completed by prescribing physician
Prescribing physician's name (first)	Prescribing physician's name (last)	College/License Number	Specialty
Address (number, street)			Address (suite)
City or town	Province	Postal code	
Telephone number	Extension	Fax number	
Physician authorization			
I certify that the information in this form is true and complete to the best of my knowledge. The information in this statement will be kept in a Group Benefits health file with Manulife and might be accessible by the patient or third parties to whom access has been granted or those authorized by law. By providing the information, I consent to such unedited release of any information contained herein.			
Physician Signature			Date (dd/mm/yyyy)

I certify that I, my spouse and/or my dependents of minor or major age ("Dependents") require the drug named on this form (or an equivalent drug that Manulife proposes).

I authorize:

Manulife and/or its service providers, its reinsurers, and their service providers to collect, use, maintain and disclose my personal information related to this application ("Personal Information") for the purposes of:

- The assessment of the drug authorization request
- Managing my Group Benefits plan
- Assessing and processing claims
- Auditing and investigation of claims
- Patient assistance programs, if applicable
- And/or other purposes identified in the Personal Information Statement for Employers' Group Benefits plans (collectively, the "Purposes").

Any person or organization who has Personal Information about me that is required for Manulife to assess this drug authorization request, including any medical and health care professionals, institution, pharmacy or any other medical or health care related facility, professional regulatory bodies, any employer, group plan administrator, insurer, investigative agency, and any other administrators of other benefits programs to collect, use, maintain, disclose and exchange this information with each other and with Manulife, its reinsurers and/or its service providers, for the Purposes.

I understand:

- A Manulife approved pharmacy vendor may engage me in the capacity of case management to provide support as part of this program. I acknowledge that participation in this program is entirely voluntary. My decision to participate will not have any impact on the assessment of my claim.
- If my Manulife plan recommends purchasing a drug that requires prior authorization from a preferred pharmacy or provider, a case manager may contact me, my doctor and/or patient assistance program to arrange to have my prescription(s) transferred to the preferred pharmacy or provider.
- That except where there are contractual restrictions, Manulife employees, authorized organizations, service providers and reinsurers are located both within Canada and outside of Canada. Therefore, my Personal Information may be subject to interprovincial or cross-border transfers for the Purposes and may be subject to the laws of those jurisdictions.
- I may withdraw my consent for certain uses of my Personal Information, subject to legal and contractual restrictions. If I do so, Manulife may treat my withdrawal of consent as a request to dismiss, rescind or terminate my claim.

I agree:

- A photocopy or electronic version of this consent is valid.
- I have the right to access and verify my Personal Information maintained in Manulife's files and to request any factually inaccurate Personal Information be corrected, if appropriate.
- Requests can be sent to: Privacy Officer Manulife, P.O. Box 1602, Del Stn 500-4-A, Waterloo, Ontario N2J 4C6 or Canada_Privacy@manulife.ca
- For more information, I can review the [Personal Information Statement for Employers' Group Benefits Plans](#) and the [Canadian Privacy Policy](#).

I confirm that:

- The information I have given in this request is true and accurate.
- By signing, I give permission to and/or confirm that I have obtained the individual's consent for the collection, use, disclosure or otherwise processing of the individual's Personal Information for the Purposes (as these terms are defined above).

Plan member's signature

Date signed (dd/mm/yyyy)

Protecting your personal information is important to us. People who can see your personal information are:

- Manulife employees who need to see your information to do their jobs.
- People you've given permission to.

To find out more about Manulife's privacy policy please see manulife.ca

8 – Submission instructions

Plan Member Secure Site

1. Log in to the **Plan Member Secure Site**.
2. Choose “**Claims**”
3. Go to “**Submit a Claim.**”
4. Under **Service Provider**, select “**Other.**”
5. Choose “**Estimate**” as the **Claim Type**.

Mobile App Site

1. Open the **Mobile Site** on your device.
2. Select “**Submit a Claim.**”
3. Choose “**Estimate**” as the **Claim Type**.

Mail or fax

If you live in Quebec:

Manulife Group Benefits Health Claims
Attention Prior Authorization Team
PO BOX 2580, STATION B
MONTREAL QC H3B 5C6

Fax: 1-855-752-0404

If you live outside Quebec:

Manulife Group Benefits Health Claims
Attention Prior Authorization Team
PO BOX 1653
WATERLOO ON N2J 4W1

Fax: 1-855-752-0404

Please retain a photocopy for your files.

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